



### **Nido Classroom Dress Code**

- Clothing choices can be any colors or patterns of your choice.
- Clothing needs to be comfortable, weather appropriate and sized correctly. Both baggy clothing and overly tight fitted clothing can prohibit a child's movement.
- Pants must have elastic waistbands. Please no traditional denim jeans as they are too restricting when it comes to movement.
- Please no footed pajamas or footed pants. Feet need to be free and socks or shoes are preferred.
- No body suits or one-piece outfits after 12 months of age.
- No skirts or dresses.

#### **Why a dress code?**

In our Infant Nido communities, our number one goal is freedom of movement. Evidence of this conviction can be seen in our floor beds, with our many "walking stations", and in our lack of containers (swings, bouncers, etc..)! As a child in our community grows, so does their deep desire to move. When dressed in ill-fitting or movement limiting clothing, students become frustrated and sometimes this hindrance slows their progress. While we LOVE skirts, dresses and footed clothing, they often are the reason for slips, trips, and fall, and as such, we kindly ask that they are reserved for another occasion.

As students become mobile, or as they reach 1 year of age, we begin to give them opportunities for self-care, including pulling down their pants for a standing diaper change and taking off their shirt after a delicious, messy lunch! These moments are made possible with child-friendly clothing and we sincerely appreciate your support in our efforts to best support your growing baby!